Nouns

- safety
- top priority
- athletes
- sportsmen/women
- a risk taker
- setbacks
- achievements
- fear
- fitness
- strength
- endurance
- dangerous stunts
- to have /achieve your long-term/main goal

Adjectives

- extreme sports
- tough competition/marathon
- overconfident
- irresponsible
- adventurous
- self-confident
- sporty

Verbs

- to accept/avoid risks
- to suffer an injury
- to need treatment
- to perform stunts
- to aim higher
- to train hard
- to ban
- to get/keep fit
Phrasal verbs

- to take up
- to give up
- to work out

Expressions

- to face danger
- to be under (a lot of) pressure
- to find a balance
- to raise your standard of achievement
- to follow a strict routine
- to run wild
- to be willing to try new things
- to overcome your fears
- to take risks
- to get a thrill out of ...
- to have a rush of adrenalin
- to look for excitement
- to win respect
- to meet new challenges
- to test your limits