

# EATING OUT IS NEVER A HEALTHY OPTION

Describe the pictures and talk about the topic.



1. Is there any food or drink that you couldn't live without? How often do you drink/eat it?
2. Is there any food that you dislike? Which is it?
3. What was your favourite food when you were a child?
4. Do you eat healthily? Explain
5. Do you ever have...  
ready-made food?  
takeaway food?
6. Do you prefer to eat at restaurants or at home?
7. What's the best restaurant you have been to?
8. Is a vegetarian diet better than a diet that includes meat? Why?
9. What kind of diet would you recommend to a friend?
10. Eating habits have changed a lot in Spain. Do you agree?
11. "An apple a day keeps the doctor away" Do you agree with this proverb?